

SeatGeek Box Office Hours

Monday - Friday:

10:00am - 5:00pm

Hours are extended on event days



January 2023



Regular Walking Hours are
8AM to 5PM
and are represented by the
walker.

There is **NO** walking on days
marked with this "X"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2.	3.	4.	5.	6. JR Thunder Game 7:00pm	7. JR Thunder Game - 12:00pm ADK Thunder vs. Norfolk - 7:00pm
8. ADK Thunder vs. Norfolk 3:00pm	9.	10.	11.	12.	13. Northstars Tournament	14. Northstars Tournament
15. Northstars Tournament	16. Northstars Tournament	17.	18.	19.	20.	21. ADK Thunder vs. Newfoundland 7:00pm
22. ADK Thunder vs. Newfoundland 3:00pm	23.	24.	25.	26.	27. ADK Thunder vs. Trois Rivieres 7:00pm	28. ADK Thunder vs. Trois Rivieres 7:00pm
29. ADK Thunder vs. Trois Rivieres 3:00pm	30.	31.				

WALKING CALENDAR SUBJECT TO CHANGE

Walking Memberships are required in order walk at Cool Insuring Arena.

Memberships can be purchased for \$10 at the SeatGeek Box Office.

Please sign in each time you walk and stay home if you are feeling unwell.

Walking Membership Policies

1. Walkers must enter through the main doors only and sign-in in the lobby each day.
2. Do not park in the main lot during regular business hours (9-5pm).
3. Walkers must stay on the concourse and are not permitted in any other area of the arena. Heritage Hall and Level 1 are strictly prohibited.
4. Please walk with the flow of traffic. Inner lane is for walkers, outer lane is for runners.
5. Exercising on the stairs is only permitted in the north side of the building – sections B, A, X, W, and V.

**** Violation of these rules will result in membership card
without refund ****